



Children and Adults with Attention-Deficit/Hyperactivity Disorders  
Greater Baltimore Chapter (Chapter #168)

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The Howard County Branch of CHADD of Greater Baltimore Presents:

## Helping Your ADHD Teenager Thrive into Adulthood

Rick Silver, MD

THRIVE Center for ADHD and Comprehensive Mental Health Care of  
Central Maryland, Inc.

About the Program: The transition to independent adulthood can seem endless, trying, frustrating and futile for many parents and children. Explore factors contributing to this delay in development and treatment options to help your teen or young adult transition to a productive, fulfilling independent life.

About the Speaker: Dr. Silver, THRIVE's director, feels that experiences he had with finding good care for two of his daughters with ADHD shaped the approaches he uses at THRIVE. "A comprehensive treatment plan, one that incorporates medication, coaching, self-care, grounding and support for the family, is the only effective way to deal with a potentially life-altering condition like ADHD. It's also very important for the treatment team members to work closely together and coordinate their work with the patient."

**DATE:** TUESDAY, APRIL 24<sup>TH</sup>, 2012

**TIME:** 7:00 - 7:30: Meet & Greet  
7:30 - 8:30: Speaker  
8:30 - 9:00: Discussion

**LOCATION:** Ellicott City Senior Center  
9401 Frederick Road  
Ellicott City, MD 21042

Admission is FREE to CHADD Members/\$5 Contribution requested from non-members

For other calendar listings:  
[www.chadd-mc.org/calendar](http://www.chadd-mc.org/calendar)